



CENEGENICS

ELITE HEALTH

P | 702.953.1510
F | 702.240.7396
TF | 866.953.1510

851 South Rampart Blvd.
Suite 220
Las Vegas, NV 89145

Cenegenics.com

Testimonials

Cenegenics continues to receive testimonials from our satisfied patients. With their consent, we proudly present some of the typical letters received, where patients discuss personal results as well as our therapies, approach and professional team.

Cenegenics Program & Remarkable Results

Paul Thompson, Cape Girardeau, MO writes . . . *I had a follow-up electrocardiogram last week. My cardiac ejection fraction before Cenegenics Medical Institute therapies was 30%. Now after three months on my Cenegenics program, it is now 55%, and my cardiac study was normal. The electro-physiologist told me "to keep doing what ever you are doing." I intend to do that. I am stronger than ever before and keeping up with my seven-year-old daughter and twelve-year-old son.*

Don C. Birdwell, Jr., Nashville, TN says . . . *Not to be silly, but from the day I came to see you my life has dramatically changed. I was very unhappy with myself . . . Yesterday, I received a note from a lady in our church choir, wanting to know what I have done, and asking if I would talk with her son about diet and fitness.*

For some time, I have thought about retiring (again). As an interim step, I have accepted the presidency of Ronald McDonald Charities. Because of the new Vanderbilt Children's Hospital, we are going to have to raise \$7 -\$10 million . . . I only share this with you so that you know how important and far-reaching your practice has become. You have helped refocus my life and I appreciate it. Often, we don't know how many lives we have impacted.

George Holman, Las Vegas, NV writes . . . *I cannot believe after one month on the program how great I feel . . . [which was] further confirmed by my local physician who could not believe the weight loss and my general mood. She noted that I had lost 12 pounds and advised me to totally drop [the medication for] mild depression I had been taking for three years. I am beyond impressed at my libido, my energy and my enthusiasm for each day. Thank you, Cenegenics, for showing me the way!*

Jim Murphy, San Diego, CA says . . . *I have successfully completed my first two weeks of my new diet/lifestyle . . . I feel better too—less bloated, lighter feeling, more energy—my afternoon siestas are no longer required. You have no idea how helpful you were in passing along the literature on diabetic—specific recipes and general information. Thank you. I have also attached my first week's results from my exercise program . . . I actually ran one complete mile yesterday—that has not happened in a LONG time; it felt good to move/glide through space again. It is very exciting to be feeling better and stronger.*

Live Well... Longer!

Cenegenics Approach & Professional Staff

Craig Johnson, Henderson, NV writes . . . *I am truly amazed at the sincere approach you have in helping me make some tough life decisions and changes. When I was at your facility, I felt a strong sense of caring from you and all your staff that I have never felt from any other medical facility since my angioplasty, two years ago.*

Everything about Cenegenics is so amazingly refreshing and different from the normal apathetic approach to medicine. I had almost lost my faith in the medical practice before I happened to see your ad in the newspaper . . . I was surprised at the speedy response I received . . . [a Cenegenics physician] and I talked for quite a long while, which never happens anywhere else.

Your assistants were marvelous . . . friendly and sincere. They did a great job helping me feel comfortable in my room and serving an excellent tasty light lunch. My nutritionist helped map out the direction that I will be going and made sure I understood why these changes were necessary. She truly knows her stuff and has a great way about her delivery . . . In this world, where people have become so disconnected from each other and no one or nothing truly has any value. I have come to a deep understanding that quality people should be recognized. You and your staff are the best in the business and certainly worth every penny.

J. F. Ranhofer, Valencia, CA shared this . . . *I am a new patient of your clinic. I visited your Las Vegas facility . . . for the initial evaluation. I was quite impressed with everyone that I came in contact with that day. . . I completed your evaluation form while I was there, but I wanted to "go the extra mile" and personally apprise you of the very positive experience I had. As the president of a service company (tax-free money management) as well, I am aware of how difficult it can be to have a staff that is professional, friendly, knowledgeable and well-trained at the same time. I had participated in another clinic's program and the difference as the cliché states was night and day. I thought you would like to know.*

John Venaleck, Jr., Painesville, OH had this to say . . . *I appreciate the high level of care and service that I have received and continue to receive from you since I started the Cenegenics program. You have always made yourself accessible and have responded immediately to any problems or questions I have had. You have set a new standard of care that I have not seen from any of my local doctors. Thanks again to you and your staff for all the support!*

Jody Medeiros, Kula, HI writes . . . *I would like to thank you for such a wonderful time with you and your staff. I [am] looking forward to all the great results. This morning I have starting talking with my parents about your services and will continue to do so. I feel they can both benefit greatly for it . . . [The Cenegenics physician] was very nice and took the time to hear what I had to say and also gave me some important information. The staff was helpful and kind. I look forward to working with you . . . and your staff. Mahalo, that means, "thank you."*

Lynne G, writes . . . *Walking into Dr. Barber's office a year and a half ago, I was a pale shadow of who I am today. I was exhausted, depressed, overweight and weak. I was so tired that I spent days in bed with little energy – only able to get a few necessary chores done each day. Needless to say I was unhappy and pretty much unproductive. Not a good way to be living at only 56 years old.*

Today, I can say I'm a happy, vital person enjoying a fruitful, active life. I work out at Gold's Gym with a trainer three days a week. I am amazed at my new-found strength and love my toned, shapely body. My skin looks gorgeous, and I sleep well each night. I now have the energy to work many hours a week in dog rescue with plenty of zest left over for fun. The best part has been my sex life – I feel like I'm 17 again! Overall, I look and feel great; better than I have for many years.

Carefully following the program prescribed by Dr. Barber, I changed my eating habits, slowly ramped up my exercise over time and religiously took the recommended vitamins and supplements. With monthly blood work and calls with Dr. Barber, we gradually figured out what worked best for my body. The changes didn't happen overnight, and Dr. Barber was patient, responsive and supportive until we got it right.

The program is well-run and the staff is friendly, talented and great to deal with. Emails and issues are handled expeditiously, with a smile.

It might be too much to say that Cenegenics and Dr. Barber saved my life, but it feels that way. I now look forward to fully-enjoying what life holds for me.